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## Basic biochemistry exam questions

Photo Courtesy: [monkeybusinessimages/iStock] Regular physical exams help your doctor track any changes in your body that may mean you have an underlying disease or condition. Without regular check-ups, you might not know you have a health condition. When an illness or health condition starts out, you might not have any symptoms. And, you may overlook developing symptoms until the condition is in later stages. Many health conditions are easier to treat when your doctor diagnoses them earlier on. Having regular physical exams can help your healthcare provider catch and treat health concerns earlier. This may keep you from needing more extensive treatment. You can discuss any questions you have about health conditions by visiting your doctor for a regular physical exam. Photo Courtesy: [FG Trade/iStock] Before meeting with your doctor, you'll start with a nurse. They'll take your blood pressure and check your body temperature. The nurse will record the results in your medical file. Your doctor will look at these results before they talk to you. When your doctor comes in to examine you, they'll ask you some general health questions. Then, they'll record any information you tell them in your medical file. Your doctor might ask you about the following during your exam: Sexual healthExercise habitsSmoking habitsAny past injuriesAny past surgeriesFamily medical historyAlcohol and drug usageNumber of past pregnanciesThe line of work you're currently inAny allergies to food or medicationsHistory of prior illnesses or medical conditionsThe doctor will ask you if you have any health concerns that you want to discuss. You can ask questions or talk about any issues you're experiencing. During your exam, your doctor will look at your skin. They'll use a stethoscope to listen to your heart. This helps them check for signs of possible heart disease. They'll also listen to your lungs to check for possible signs of lung disease. Your doctor will use several tools to check your ears, nose and throat and make sure they're healthy. You can expect the doctor to check your teeth, gums and throat. They'll also look into your eyes to check for potential issues. All these practical but straightforward tests can give your doctor clues about your health. They also help your doctor figure out if something doesn't look typical or may be a sign of a developing health condition. In addition, there are some other simple tests your doctor might do during a physical exam for women: The doctor will feel your neck to check different glands. They'll also check your arteries. The doctor will use their hands to apply light pressure to your abdomen. This helps them check your liver's size and find out if you have any tenderness. Your provider may listen to your bowel sounds via a stethoscope. The doctor might tap your knees or arms with a small rubber hammer. This helps them check your reflexes. Your doctor may perform a breast exam. This can involve feeling your breasts to check for lumps. They may also look at your breast tissue to check for areas of concern. Your provider may check your balance, muscle strength and coordination. This helps them detect possible warning signs of different conditions. Your doctor may do a variety of lab tests. This helps them rule out any possible underlying medical conditions you might have. Blood tests may include: Glucose levelsPregnancy testChemistry panelThyroid function testCBC (complete blood count)Iron levels to check for anemia Your doctor might also ask you to do a urine test or have chest X-rays done. Preparing for Your Exam Visit Photo Courtesy: [stefanamer/iStock] It's helpful to head to your appointment prepared. Your doctor will ask many different questions to accurately assess your health. They'll also need to gather information about your health history to determine your risk level for developing certain health conditions. It's important that you tell your doctor accurate information — to the best of your ability. Come to your appointment prepared to talk about things like your family's health history. This will give your doctor clues about what conditions you might be more likely to develop. Stroke, heart attack, diabetes and cancer are some examples of conditions that you may be more likely to develop if one of your family members has or had them. Bring a complete list of all prescription and over-the-counter medications you take or recently stopped using. You'll also want to include any vitamins, dietary supplements or herbal remedies you take. Your doctor needs this information to get a full idea of your health. Also, be prepared to talk about any health concerns you want to address. In the weeks before your appointment, pay attention to and record how often you're experiencing any symptoms. Take note of what you were doing before the symptoms occurred. Note down whether they appear to increase when you eat certain foods or take certain medicines. How Often Do You Need a Physical Exam? Photo Courtesy: [AnnaStills/iStock] Physical exams are a type of preventive medicine. This means they can help your doctor notice signs and symptoms of health conditions before those conditions have a chance to get worse. Physical exams can also help you and your doctor keep tabs on your health and promote better wellbeing. To get the most from physical exams, you should schedule one once a year — or as often as your doctor says you need them, depending on your overall health. A yearly physical helps your doctor detect changes in your body. And, if necessary, they can begin treating those changes to keep you healthy. If your doctor notices changes, you might just need to make a simple lifestyle change — like modifying your diet if you have high cholesterol. Other times, they may notice early warning signs of something that needs further testing or treatment. Specific tests will become part of your routine exam as you age: At age 35, your doctor may begin paying closer attention to your thyroid. At age 40, they should routinely check your cholesterol levels. In some cases, you might need regular mammogram screenings for breast cancer. By the age of 50, you should get a colonoscopy. At age 65, you should take a bone density test to check for osteoporosis. If you menstruate, you may be at risk of developing iron deficiency anemia because of the blood loss that happens during your period. This condition often has mild symptoms. You might not even notice them or have them at all. Common symptoms include fatigue, chills, muscle aches and irritability. If you have heavy bleeding during your period, you may need to schedule physical exams more often. This way, your doctor can keep a closer eye on your iron levels. Resource Links: "Health check-up program for pre/postmenopausal women at Siriraj Menopause Clinic," Journal of the Medical Association of Thailand via the National Library of Medicine "Socioeconomic differences in health check-ups and medically certified sickness absence: a 10-year follow-up among middle-aged municipal employees in Finland," Journal of Epidemiology and Community Health via the National Library of Medicine "Participation in preventive health check-ups among 19,351 women in Germany," Preventive Medicine via National Library of Medicine "Prevalence of and factors related to anemia among Japanese adult women: Secondary data analysis using health check-up database," Scientific Reports via the National Library of Medicine "Evaluation of health status of a population underwent routine medical check up at the high risk screening clinic in National Cancer Institute," Asian Pacific Journal of Cancer Prevention via the National Library of Medicine "Participation in health check-ups and mortality using propensity score matched cohort analyses," Preventive Medicine Reports via the National Library of Medicine MORE FROM SYMPTOMFIND.COM Biochemistry Drugs, DNA & RNA Quiz Biochemistry Drugs, DNA & RNA Quiz Biochemistry is the branch of science that studies the chemical processes taking place within and related to living organisms. Check out our online quiz and see well versed are you with its concepts. Questions: 100 | Attempts: 105 | Last updated: Mar 21, 2022 Wafer capsule is known as ? Calcium And Phosphorus Metabolism Knowledge Test Calcium And Phosphorus Metabolism Knowledge Test Calcium and phosphate are critical to human physiology, such as neuromuscular function, and are also needed for bone mineralization. What else do you know about the role of CA and P metabolism in our body? Let's test your... Questions: 36 | Attempts: 152 | Last updated: Mar 22, 2022 Makes up bone mineral and the matrix of teeth and gives bones and teeth their rigidity Biochemistry General Knowledge Quiz! Biochemistry General Knowledge Quiz! Welcome to the Biochemistry General Knowledge Quiz! Here, you will be asked questions about the chemical process, physical structures, development, etc., of living organisms. If you have studied the subject well, you might answer... Questions: 14 | Attempts: 189 | Last updated: Mar 22, 2022 Structurally RNA and DNA are fully identical. Biochemistry Quiz: Lipid Metabolism Biochemistry Quiz: Lipid Metabolism Questions: 15 | Attempts: 340 | Last updated: Mar 22, 2022 One of the following options is incorrect: Cholesterol presents in dietary fat. Palmitic acid is an example of Triglycerides Body can synthesize essential FAs . Management of hypercholesterolemia reduces CVD mortality. Biochemistry MCQ Quiz: Exam! Biochemistry MCQ Quiz: Exam! Questions: 15 | Attempts: 1724 | Last updated: Mar 21, 2022 In a water molecule, hydrogens are partially \_\_\_\_; oxygens are partially \_\_\_\_ . MCQ On Biochemistry: Quiz! MCQ On Biochemistry: Quiz! Do you know anything about biochemistry? Biochemistry is the research of chemical processes within and relating to living organisms. It examines chemical substances and functions in plants and animals, microorganisms, and the... Questions: 15 | Attempts: 1077 | Last updated: Mar 21, 2022 What is the charge on the tetrapeptide: lys-lys-his-glu at pH=7? Can You Pass This Biochemistry Exam? Can you pass this Biochemistry Exam? You've been studying up on all of the chemical processes that occur within and relating to all living things recently, but have your efforts been in vain? In the following quiz we're going to take a look at a varying... Questions: 10 | Attempts: 147 | Last updated: Mar 21, 2022 Which of the following studies refers to the relationships and conversions of energy in biological systems? Concepts Of Clinical Biochemistry! Trivia Quiz Concepts of Clinical Biochemistry! Trivia Quiz Clinical Biochemistry is the division of laboratory medicine that deals with the measurement of both natural and unnatural chemicals in blood, urine and other several body fluids. These test results are very useful for... Questions: 10 | Attempts: 142 | Last updated: Mar 22, 2022 Free radicals contain one or more paired electrons in the bonding orbital. Is the above statement true? Clinical Biochemistry Test! Trivia Questions Quiz Clinical Biochemistry Test! Trivia Questions Quiz Clinical Biochemistry is the division of laboratory medicine that deals with the measurement of both natural and unnatural chemicals in blood, urine and other several body fluids. These test results are beneficial for diagnosing... Questions: 10 | Attempts: 150 | Last updated: Mar 20, 2022 ROC stands for what? Receiver Operating Characteristics Recorded Operating Characteristics Questions: 44 | Attempts: 185 | Last updated: Mar 19, 2022 Match the correct pair: Anabolism:Oxidation and reduction The Biochemistry Trivia Test! Quiz The Biochemistry Trivia Test! Quiz What do you know about biochemistry? Do you think you can nail this quiz? Biochemistry is the study of the chemical processes that occur in living organisms. The goal of biochemistry is to contribute to a wide array of... Questions: 38 | Attempts: 92 | Last updated: Mar 22, 2022 Kinase uses ATP as the source of phosphate for phosphorylation. Biochemistry Quiz: Test Your GK! Biochemistry Quiz: Test Your GK! How well do you know biochemistry? Biochemistry is the research of life in its chemical processes, and it is both life science and chemical science. It discovers the chemistry of living organisms and their molecular basis for... Questions: 17 | Attempts: 181 | Last updated: Mar 20, 2022 Which of these elements is NOT a constituent of Carbohydrates? Biochemistry Exam: MCQ Quiz! Trivia Biochemistry Exam: MCQ Quiz! Trivia What do you know about biochemistry? It is the study of the chemical processes within and about living organisms. Biochemical processes give credence to the intricacy of life. In every living cell, there is a vital biological... Questions: 20 | Attempts: 27 | Last updated: Mar 21, 2022 Which Apolipoprotein forms a part of chylomicrons? Do You Know Biochemistry? do you know Biochemistry? Biochemical processes give rise to the complexity of life. Biochemists study this process to aid the understanding of the body metabolism. Think you know your Biochemistry well? Take this easy test! Questions: 10 | Attempts: 123 | Last updated: Mar 22, 2022 What is the study of chemical processes within and relating to living organisms? Trivia Quiz About Biochemistry Trivia quiz about biochemistry Questions: 29 | Attempts: 121 | Last updated: Mar 20, 2022 Which of the following is not true regarding urea cycle Main way of excretion of ammonia Plasma urea is 15-45 mg/l As a result of transamination glutamate combines with acetyl CoA forming N-acetyl glutamate which inhibits CPS I Biochemistry Macromolecules Project - Review Quiz Biochemistry Macromolecules Project - Review Quiz Questions: 31 | Attempts: 235 | Last updated: Mar 22, 2022 Which of the following statements is untrue about macromolecules? Macromolecules are large biological molecules that perform a range of jobs in the body. Macromolecule is a term that encompasses four major types of large biological molecules: carbohydrates, lipids, proteins, and nucleic acids. Macromolecules are always found as long polymers. Macromolecules provide us with the building blocks we need to power our cells and build our bodies.





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